



# DYER STREET SCHOOL

## Learning for life

9 Dyer St,  
Epuni,  
Lower Hutt  
5011  
04 567 8016

Title

Cross Country 2018

Dear Parents/Caregivers,

The aim of the 2018 Cross Country is to include our value of 'Never give Up' and promote fitness and awareness of health for our students. Whilst some will take it competitively for others it will be about setting small, achievable goals for yourself.

The event will take place on **Friday 18th of May** (week 3) at Dyer Street School, Lower Hutt. The layout of the track is a circuit that loops around the interior of the school incorporating some obstacles to enhance the 'cross country' factor. The senior students will also be challenged by running a larger distance and incorporating different terrain.

All students will meet with their teachers at 8.55 to do a roll and quick check that they have all the gear that is required for the day! Dress in the colours that best represent your house group to receive extra points on the day! Students will then be seated in house groups along the finishing straight of the course to cheer their friends home! Racing will start at approximately 9.30, so if you can get along to support your children and others please do so.

We encourage students to come to school dressed in their house colours. This can be done with ribbons, coloured hats, Dyer Street House T-shirts and/or face paint. Students are asked, however **not** to bring the face paint to school. This can be applied at home before they come to school.

Students need to remember this can be a physically demanding day so they still need to wear appropriate running gear e.g. sneakers and shorts. As well as the items mentioned, it is important for students to have an appropriate hat, their lunch, a drink bottle, sunblock and any medication that may be necessary to ensure a safe and enjoyable day.

Friday, 18 May 2018 9:00 AM

Estimated Times of Races

Below are **APPROXIMATE** times for races during the day:

**All of the below races are 600m**

Race One: 9.30 Year 1 Boys  
Race Two: 9.45 Year 1 Girls  
Race Three: 10.00 Year 2 Boys  
Race Four: 10.15 Year 2 Girls

**\*\*Morning Tea and juniors back to class\*\***

Race Five: 11.05 Year 3 Boys - 1km  
Race Six: 11.15 Year 3 Girls - 1km  
Race Seven: 11.25 Year 4 Boys - 1km  
Race Eight: 11.40 Year 4 Girls - 1km  
Race Nine: 11.55 Year 5 Girls - 2km  
Race Ten: 12.10 Year 5 Boys - 2km  
Race Eleven: 12.25 Year 6 Girls - 2km  
Race Twelve: 12.40 Year 6 Boys - 2km

### Response form

Are you able to help on the day with marshalling or placings \*

Yes  No

If you clicked yes above can you please include an email or phone number so we can contact you before Friday

Signature: